

CALENDARI DS 2018

| DATA | PROVA | HORA | DISTÀNCIES | LOCALITAT | MODALITAT | WEB | |
|------|-------|-----------------------------------|----------------|-------------------------------------|------------------------------|------------------|---------------------------|
| FEB | 4 | MVV Arganda | 9:00 | 21K,30K, 42K | Arganda del Rey (Madrid) | Running | www.maratonviasverdes.com |
| | 18 | MVV Girona | 9:00 | 10K 21K,30K,42K | Girona - Platja d'Aro | Running | www.maratonviasverdes.com |
| ABR | 15 | MVV Ojos Negros | 9:00 | 10K, 21K, 42K | Navajas (Castellón) | Running | www.maratonviasverdes.com |
| MAY | 5-6 | Swim Norfeu | 11:00 9:30 | 2K, 4K, 6K | Roses (Girona) | Natació | www.swimnolimits.com |
| | 28 | Half Empuriabrava | 8:15 | 1,9K,/ 90K/ 21K | Empuriabrava (Girona) | Triatló Half | www.100x100half.com |
| JUN | 3 | Swim Estartit | 9:30 10:00 | 5,5K, 2K | L'Estartit (Girona) | Natació | www.swimnolimits.com |
| | 17 | Half & Tri Ametlla | 8:00 9:30 | 1,9K,/ 90K/ 21K 1,5K / 40K / 10K | L'Ametlla de Mar (Tarragona) | Triatló Half | www.100x100half.com |
| JUL | 7 | Swim by Sunset | 17:00 17:30 | 5K, 2,5K | Port de la Selva (Girona) | Natació | www.swimnolimits.com |
| | 22 | Swim Transfronterera | 10:00 | 3,5K | Portbou | Natació | www.swimnolimits.com |
| AGO | 19 | Swim Colera | 10:00 | 5.5K, 2.5K | Colera (Girona) | Natació | www.swimnolimits.com |
| SEPT | 16 | MVV Plazaola | 9:00 | 42K, 26K | Lekunberri (Navarra) | Running | www.maratonviasverdes.com |
| | 23 | Tri Empuriabrava Olympic & Sprint | 9:00 11:00 | 750m / 20K/ 5K 1,5K,/40K/ 10K | Empuriabrava (Girona) | Triatló Sp & Ol | www.100x100half.com |
| | 30 | Half Platja d'Aro | 7:45 | 1,9K,/ 90K/ 21K | Platja d'Aro (Girona) | Triatló Half | www.100x100half.com |
| OCT | 14 | Tri Medes | 8:00 | 1,8K/ 40K/ 10K | L'Estartit (Girona) | Triatló Olímpica | www.100x100half.com |
| | 20 | Tri Palafrugell Olympic | 15:00 | 1,5K,/40K/ 10K | Llafranc (Girona) | Triatló Olímpica | www.100x100half.com |
| | 28 | Volcanolimits Bike | 9:00 | 55K / 45K / 22K | Les Planes d'Hostoles (GI) | BTT | www.volcanolimits.com |



www.maratonviasverdes.com



www.volcanolimits.com



www.100x100half.com



www.100x100tri.com



www.swimnolimits.com